

Editorial

The year 2020 at RBMT is the XXII year of publications with the number 28. To readers who are interested in music therapy works with babies, we open this issue with part 2 of the Music Therapeutic Intervention tool for Pre-term Mother-baby - IMUSP. In another context, the use of music therapy for patients with Alzheimer's disease -DA, is addressed in the article of interdisciplinary authorship, in a systematic review work. The report of reflective professional experience in Music Therapy puts us before the impacts of the Pandemic of COVID-19 in the work of the music therapists who work in the Unified Health Social System (SUAS). If you are interested or have doubts about therapeutic musicalization and work in the area of special education, Ana Sheila Tangarife shares her experience of more than 40 years as a music therapist. The musical experience is recognized as promoting pleasure. If we consider that this experience uses favorite songs, this potential for pleasure increases. With this basic idea, a reflection about the binomial pain and pleasure moved bibliographic studies about the work of music therapy in the treatment of pain. The results point to the need for more studies carried out by music therapists since the bibliographic findings do not separate the musical experience from the music therapy experience. To close this number, a singular publication of work carried out by post-graduate students in music therapy for the construction of a game board as a tool for music therapy treatment. Musically is the name of this game that intends to unite musical intervention with the game of playing.

Ambra Palazzi and collaborators, bring in part 2 of the text, the IMUSP tool. This tool was created in the context of research in *Stricto Sensu* programs and adapted for clinical practice. The presentation includes in the appendices A, B and C the intervention protocol, the model of the interview with the mother and a table with compositions made with the mothers. IMUSP is an early, individualized and family-centered intervention that seeks to raise awareness and support maternal singing with preterm babies, say the authors.

Maria Fonseca Soares Ferreira, Davi Neri Araújo, Alana Alves Farias, Vinicius Kolansky Rocha Bittencourt, Máisa Almeida Silva, Bianca da Silva Alcântara Pereira, Kiyoshi Ferreira Fukutani, write about, Music therapy in patients with Alzheimer's disease - a systematic review. Based on the Medley / Pubmed platform. Most of the analyzed data reveal the benefits of the work of music therapy in reducing psychological and behavioral symptoms such as anxiety and depression, under two different applications of music therapy, the individual receptive, and group interactive.

Kézia Paz brings us a reflective account of the work of music therapy in the Unified Health Social System (SUAS) in times of the COVID19 pandemic in the article "How do you get off the island?" bridges and crossings between the pandemic, SUAS and

music therapy," in a cut of work with women in situations of violence and social vulnerability, users of a service of the social assistance network in São Paulo. The opportunity to deepen "the reflection on the accessibility of Music Therapy to the most vulnerable populations is highlighted. It is necessary to strengthen spaces for participation and social control by music therapists, and the recognition of the category as a working class, which, like other categories, is impacted by the political context in force".

Bruna Meneses; Fernanda Santos; Giovana Brizolla; Livia Luiz Costa-Lima Neto; Naurinei Costa; Paulo Alexandre Monteiro; Suzana de Alencar Freitas e Vinicius Martins, Music Therapy Post-Graduation students at the Conservatório Brasileiro de Música - Centro Universitário, bring us an interview with music therapist Ana Sheila Tangarife approaching important themes such as 'therapeutic musicalization', music therapy with children with intellectual disabilities, and the interface between therapeutic aspects of education and educational aspects in therapy.

Silene Aparecida Santana Jacinto, Ramon Werner Heringer Gutierrez and Gunnar Glauco De Cunto Carelli Taets, bring an article as part of their post-graduate studies in neurosciences approaching the experience with music as a pain reducer. With the results they verified that the effectiveness of music therapy in hospitalized patients is related to the proximity and integration of the neural circuits involved in pain and pleasure, the emotional and cognitive aspects that are activated in both experiences, and the interaction of these issues with the current context.

July Andressa Budke Azevedo, Gelso Poletto Junior, post-graduation students in Music Therapy, and Nathalya de Carvalho Avelino, advisor, during the course internship developed the proposal of a board game. The game MusicalMente must be applied by music therapists, in the sessions, starting from the difficulties presented by the patients, in order to help in the evolution and reach the therapeutic objective.

This way, in the opening and closing, are tools built by music therapists to help in the accomplishment of the music therapy process. We open with the IMUSP - an intervention protocol for babies involving the family in its application and we close with the MusicalMente game, a tool proposal that can be dosed in its application according to the demand of the person assisted. Among these creations of tools are significant reflections within Mental Health in the work with SUAS, in the work with people with Alzheimer's disease, the report of the Music Therapist Sheila Tangarife about her life trajectory assisting children in motor rehabilitation having as strategy the therapeutic musicalization, and the question of pleasure in the musical audition experience. Important contributions, about and for, professional practice

Happy reading!

Clara Piazzetta
Chief Editor